

Manitowoc County Board of Health
Meeting Minutes
September 8, 2016

Attendance: Rita Metzger, Shannon Wanek, David Dyzak, Dave Nickels, Randy Vogel, Michele Frozena, and Mary Jo Capodice. Shirley Fessler. Excused: Todd Nelson Also attending: Amy Wergin, Jessica Wanserski, and Mary Halada.

The meeting was called to order at 5:00 p.m. by Chair Rita Metzger. The minutes of the August 11, 2016 meeting were approved on a motion made by Shirley Fessler and seconded by Randy Vogel. There was no public comment.

Nurse Manager Report:

Mary Halada reviewed the Youth Risk Behavior report regarding Tobacco, Alcohol, Substance use and Mental Health over time and related to either the state results or national goals. (see attached) Issues of concern include Suicide attempts, increased use of e-cigarettes, teens belief that parental opinion that alcohol use by teens is wrong and marijuana use and teens belief that parental opinion that marijuana use by teens is wrong.

Environmental Health Manager Report:

Jessica Wanserski reported that the State Department of Safety and Professional Services have given Fox Hills conditional approval of their plan to repair the pool deck that was changed without DSPS approval. The plan calls for the drains to be flush with the surface and the surface to be sealed with a binder. The conditional approval expires 8/26/2018.

Health Officer Report:

Wergin reported that the County was awarded the Treatment Alternatives and Diversion grant from the Department of Justice. The purpose of the grant is to improve the judicial system related to the increase in crime related to addiction.

WIC Caseload:

Initial caseload for August is 1003 participants, 605 families. WIC received a mid-year adjustment for contract. Our new caseload is 1,123 participants (was 1151). The new funding amount is \$282,623 (2415). Farmer's Market did not change. We will be evaluating why caseload is reducing and potentially making changes.

The next meeting of the Board will be October 13, 2016 at 5:00 p.m. A motion to adjourn was made by Randy Vogel, seconded by David Dyzak at 5:40 pm. Motion carried.

Respectfully Submitted,
Shirley Fessler
Secretary
(Minutes compiled by A. Wergin)

2014-2015 Manitowoc County Youth Risk Behavior Survey

The Manitowoc County YRBS is conducted every two years using the online Wisconsin Department of Public Instruction (DPI) website system. During the 2014-2015 academic year, the Manitowoc County Youth Risk Behavior Survey (YRBS) was administered to 1,826 Manitowoc County high schools students except from Reedsville, Mishicot and Manitowoc Lutheran high schools. When evaluating the community's health, it is helpful to compare the community's health statistics or information against national standards. The Centers for Disease Control and Prevention's (CDC) Healthy People 2020 set selected health benchmarks, or goals, for all communities to achieve by the year 2020; these health benchmarks are labeled "HP2020". In addition to benchmarking, it is useful to analyze the community's health by comparing current health data with other communities' data, usually with state and national data. Where the information is available, the community health data is compared with the HP2020 goals. If it meets or exceeds the HP2020 benchmark, then a green circle (●) is shown under "Status". Conversely, if the community falls below the 2020 goal, then a red square (■) is shown. If the CDC did not set a HP2020 goal in a specific health indicator, then the community's health information is compared with the U.S. goal. If no information is available under HP2020 or national data, or community data, the box is empty and "grayed out". In addition to establishing community health goals, it is important to identify trends in achieving and maintaining the goals. If the community is improving its health indicator, a green circle (l) is shown. If the health indicator is worsening, then a red square (n) is shown. If the trend is not statistically significant in improving or worsening, then a brown double arrow (↔) is shown.

MENTAL HEALTH	2009 MC	2011 MC	2013 MC	2015 MC	2013 State	2013 US	2020 HP Goal	MC's Status	Trend	Comments
Mental health not good on ≥ 1 of the past 30 days	64.5%	63.7%			55.6%					
Felt so sad or hopeless almost every day for 2 weeks or more in a row that they stopped doing some usual activities during the past 12 months	20.6%	20.9%	21.3%	29.8%	24.6%	29.9%		●	■	■ WI; M < F
Seriously considered attempting suicide in the past 12 months	13.0%	12.4%	12.5%	15.8%	13.2%	17.0%		●	↔	■ WI; M < F
Made a plan about how they would attempt suicide in the past 12 months	11.5%	11.0%	18.7%	10.1%	12.1%	13.6%		●	↔	M < F
Actually attempted suicide ≥ 1 time during the past 12 months	6.7%	5.4%	6.5%	6.1%	6.0%	8.0%		●	↔	M < F
Made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse	2.0%	1.2%	2.5%	2.0%	2.5%	2.7%	1.7%	■	↔	
TOBACCO USE	2009 MC	2011 MC	2013 MC	2015 MC	2013 State	2013 US	2020 HP Goal	MC's Status	Trend	Comments
Ever tried cigarette smoking, even 1 or 2 puffs	43.3%	35.9%	32.0%	26.0%	33.2%	41.1%		●	●	M > F
Smoked a whole cigarette for the first time before age 13 years	11.5%	8.7%	6.9%	6.0%	6.6%	9.3%		●	●	M > F
Smoked cigarettes ≥ 1 time during the past 30 days	23.9%	17.2%	14.8%	11.2%	11.8%	15.7%	16.0%	●	●	
During the past 30 days, smoked > 10 cigarettes per day on the days they smoked	3.3%	1.6%	1.9%	1.6%	9.8%	8.6%		●	●	
Smoked cigarettes on school property ≥ 1 time during the past 30 days	7.3%	4.7%	4.1%	2.9%	3.0%	3.8%		●	●	
Tried to quit smoking cigarettes in the past 12 months	15.3%	12.1%	9.3%	8.2%	45.6%	48.0%	64.0%	■	■	*Did not take into account smoking status
Used chewing tobacco, snuff, or dip ≥ 1 time during the past 30	9.2%	6.8%	6.3%	5.6%	8.0%	8.8%	6.9%	●	●	
Smoked cigars, cigarillos, or little cigars ≥ 1 time during the past 30 days	13.5%	12.2%	12.0%	9.8%	11.5%	12.6%	8.0%	■	●	M > F
Ever used electronic cigarettes				15.5%		10.0%	8.0%	■		M > F

2014-2015 Manitowoc County Youth Risk Behavior Survey

ALCOHOL USE	2009 MC	2011 MC	2013 MC	2015 MC	2013 State	2013 US	2020 HP Goal	MC's Status	Trend	Comments
Had at least one drink of alcohol on at least 1 day during their life	72.3%	66.6%	63.3%	61.2%	65.9%	66.2%	69.5%	●	●	M < F
Had first drink of alcohol other than a few sips before age 13 yrs	21.4%	18.7%	15.8%	15.6%	14.6%	18.6%		●	●	■ WI; M > F
Had at least one drink of alcohol ≥ 1 time during the past 30 days	41.3%	34.5%	31.8%	28.2%	32.7%	34.9%	16.6%	■	●	
Had ≥ 5 drinks of alcohol in a row (within a couple of hours) ≥ 1 time during the past 30 days	26.0%	18.9%	17.8%	14.6%	18.4%	20.8%	8.6%	■	●	
Think their parents would feel it is very wrong or wrong for them to drink alcohol at least twice a month	63.4%	64.6%	63.6%	59.0%	66.2%			■	■	M < F
Think people face moderate or great risk if they have five or more drinks of an alcoholic beverage once or twice each weekend can be harmful	66.5%	70.8%	69.7%	71.9%					●	M < F

SUBSTANCE USE	2009 MC	2011 MC	2013 MC	2015 MC	2013 State	2013 US	2020 HP Goal	MC's Status	Trend	Comments
Used marijuana ≥ 1 time during their life	23.3%	21.9%	22.8%	22.6%	31.2%	40.7%		●	↔	
Tried marijuana for the first time before age 13 years	4.5%	3.5%	3.6%	4.4%	6.3%	8.6%		●	↔	
Used marijuana ≥ 1 time during the past 30 days	12.4%	11.3%	11.5%	11.6%	17.3%	23.4%	6.0%	■	↔	
Think most or all of the people their age would say it is okay to smoke marijuana	16.9%	19.3%	28.2%	32.0%					■	M < F
Think people moderate or great risk if they smoke marijuana regularly	65.8%	66.3%	55.4%	55.1%					■	M < F
Taken a prescription drug such as OxyContin, Percocet, or Vicodin, without a doctor's prescription ≥ 1 time during their life		15.7%	13.1%	12.9%					●	
Taken a prescription drug (Ritalin, Adderall) without a doctor's prescription ≥ 1 time during their life		10.9%	10.4%	10.5%					↔	
Sniffed glue, breathed contents of aerosol spray cans, or inhaled any paints or sprays to get high ≥ 1 time during their life	12.0%	9.5%	7.1%	8.4%	5.9%	8.9%		●	●	■ WI
Taken over-the-counter drugs to get high ≥ 1 time during their life	11.0%	8.2%	7.2%	5.9%	7.4%			●	●	
Anyone offered, sold, or given them an illegal drug on school property in the past 12 months	11.0%	10.5%	10.0%	8.2%	18.3%	22.1%	20.4%	●	●	
Used a prescription drug without a doctor's prescription	19.4%	17.8%	15.9%	13.1%	7.6%			■	●	
Think most or all people their age would say it is okay to use prescription drugs without a doctor's prescription			5.5%	4.7%		3.2%		■		
Talked with at least one parent about the dangers of using prescription drugs for nonmedical purposes in the past 12 months				15.9%		1.7%		●		