

Together

## Why Choose Unity?

- 24/7 nurse access
- Visit frequency tailored to your needs
- Prompt pain and symptom control due to local staff
- Proven patient and family satisfaction
- Only provider of inpatient hospice at partner hospitals for continuity of care
- Only community grief program for children and families
- Wisconsin's first and most experienced hospice program
- Wisconsin's first team-based care program for those with advanced illness
- The region's first hospice facility

### PROUDLY SERVING 13 COUNTIES



### THE NONPROFIT ADVANTAGE

Research shows nonprofit hospices provide wider range of services for patients and families, a more comprehensive bereavement program, broader financial assistance and employ more professionalized staff with higher staff to patient ratios.\*

\* Source: National Hospice Survey Results: For-Profit Status, Community Engagement and Service, JAMA Internal Medicine, April 2014.



920.338.1111 or 800.990.9249  
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## 2016 Grief Support Programs



A caring nonprofit partnership of Bellin Health,  
HSHS St. Mary's Hospital Medical Center  
and HSHS St. Vincent Hospital

Stronger

Grief, a natural and normal response to the death of a loved one, is a journey you do not need to take alone. Unity's grief programs support the family and friends of Unity patients, as well as all members of the community. Experienced grief counselors and trained volunteers create a safe haven to learn about grief, share experiences and find hope. Generous donations allow Unity to offer compassionate grief support at no charge.

Because each person grieves in his or her own way, Unity offers services designed to meet your unique needs.

Contact us today for more information or to schedule one-on-one counseling.

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## Navigating the Waters of Grief

*Navigating the Waters of Grief* is a 5-week support group held in De Pere and is open to any adult member of the community who has experienced the death of a loved one. Meetings include such topics as common reactions to grief, memories, coping and adjusting to new roles, self-care, traditions and finding hope.

### Tuesdays

Unity Office, 2366 Oak Ridge Circle, De Pere

### 2016 SCHEDULE

Afternoon 1:30-3:00	Evening 6:00-7:30
Jan 26 - Feb 23	Jan 19 - Feb 16
Mar 22 - April 19	Mar 8 - April 5
May 24 - June 21	April 12 - May 10
July 19 - Aug 16	May 31 - June 28
Sept 20 - Oct. 18	July 12 - Aug 9
Nov 15 - Dec 13	Aug 23 - Sept 20
	Oct 4 - Nov 1
	Nov 15 - Dec 13

## Grief Connection

*Grief Connection* is a monthly grief support group for adults which meets the third Thursday of every month from 6:00 - 7:30 pm in De Pere.

[Please note: It is recommended, although not mandatory, that participants first attend a 5-week session of *Navigating the Waters of Grief*.]



## Understanding Grief

*Understanding Grief* is a monthly support group held in multiple locations within Unity's service area for any adult who has experienced the death of a loved one. Meetings will include such topics as common reactions to grief, memories, coping and adjusting to new roles, self-care, traditions and finding hope. This year, groups are scheduled in Wausaukee, Marinette, Sturgeon Bay, Kewaunee, Gillet, and Shawano.

### 1st Wednesday of every month

Wausaukee	10:00 am - 11:30 am
Marinette	12:30 pm - 2:00 pm

### 2nd Wednesday of every month

(starting in June)

Sturgeon Bay	Noon - 1:30 pm
Kewaunee	3:00 pm - 4:30 pm

### 4th Wednesday of every month

Gillet	Noon - 1:30 pm
Shawano	3:00 pm - 4:30 pm



## Women's Luncheon

A *Women's Luncheon* is a monthly opportunity for bereaved women to gather for informal conversation and support. This program is held on the third Wednesday of every month from noon to 1:30 pm at a local Green Bay restaurant. Lunch is available for purchase off the menu.

## Generations—Hope for Grieving Families

*Generations — Hope for Grieving Families* is a monthly program designed to support grieving families with children and teens ages 6 -18. Dinner is served each evening at no charge. Age appropriate groups are held concurrently for parents or guardians, teens and children. This program is held on the second Thursday of every month from 5:30 - 7:30 pm in the Green Bay area.

*Registration required*

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