

Manitowoc County Nutrition Project Council  
Manitowoc Senior Center  
3330 Custer Street, Manitowoc  
Wednesday, January 20, 2016

Members Present: Marian Christel, Patrick Gagne, Rosie Gintner, Paul Gintner, Laverne Jorgensen, Betty Kvitek, Darlyene Lau, Randall Loose, Alice Matthias, Judy Ruggirello, Eleanor Shea

Members Excused: Donna Reilly

Meeting called to order by Darlyene Lau at 9:30 A.M.

Motion made by Judy Ruggirello, seconded by Betty Kvitek to accept the minutes from September 16, 2015. Motion carried.

Motion made by Rosie Gintner, seconded by Alice Matthias to accept the agenda for January 20, 2016. Motion carried.

Public Comment – none

Correspondence – Sargento Foods United Way Campaign made a generous donation of \$2187.57 to the meals on wheels program. Alyssa sent them a thank you.

#### Legislative

a. Elections: All positions chose to remain in their current roles: Darlyene Lau as Chairperson, Paul Gintner as Vice-Chairperson, and Alyssa will continue to take minutes. Motion made by Marian Christel, seconded by Patrick Gagne to accept the positions. Motion carried.

Arthur and Ethel Heberlein (Kiel) retired from the Nutrition Project Council. Judy Ruggirello suggested Carol Van Ells to fill the vacant Manitowoc position. Alyssa will invite Carol to the May meeting.

Alyssa discussed the roles and responsibilities of the Nutrition Project Council and encouraged all to act as a liaison between the nutrition sites and the nutrition director.

#### ADRC Updates

Prevention Programs: Alyssa distributed a list of all of the prevention programs offered by the ADRC as well as a brochure about the Dementia Friendly Community Committee. All were encouraged to help promote the programs and the ADRC to the public.

Volunteer Banquet Wrap Up: The volunteer banquet was held on October 29, 2015 at City Limits in Manitowoc. Total attendance was 227. Invitations were mailed out to all ADRC volunteers.

Nutrition program volunteers had to have 5 hours in the past year in order to receive an invite. Everyone agreed that the location and entertainment were great.

New ADRC Employees: Several new employees have been hired by the ADRC. In the Manitowoc office a business manager is in the process of being hired. In the Kewaunee office a Caregiver Specialist and Secretary have been hired.

## Nutrition

- a. Dining Site Evaluations: 2016 Dining Site Evaluations were handed out. Every site will do a self-evaluation of their site with the assistance of the site manager.
- b. Nutrition Program Statistics: Alyssa shared monthly meal numbers for 2015.

## Reports

- a. Dining Site Reports: Beatie Dietrich-Pritzl, site manager from Kiel, will be retiring on January 29, 2016. Alyssa will be training her replacement in February. Several regular volunteers are off due to medical reasons. The nutrition program is looking for substitute drivers in Valders. 1<sup>st</sup> quarter birthdays were recognized. Alice Matthias 1/23, Laverne Jorgensen 3/1, and Eleanor Shea 4/5.
- b. Increase Attendance/Menu Suggestions/Revitalization: The Reedsville menu has greatly improved over the past few months. The new cook is doing a great job and making changes according to the suggestions from Alyssa and the nutrition program participants.
- c. Nutrition News/Scams: A local scam was shared. All were reminded to never give out their information unless they initiate the phone call.

The next meeting will be held Wednesday, May 18, 2016 at the Manitowoc Senior Center. Alice Matthias made a motion to adjourn, Rosie Gintner seconded. Motion carried.

Respectfully submitted by Alyssa Weber, RDN, CD, Nutrition Director.